

First Aid

First Aid Priorities

- Survey the scene to make sure it's safe. You can't help by becoming a victim yourself.
- Don't move a victim if you suspect a neck or back injury.
- Ensure the person is breathing.
- Ensure the person's heart is beating.
- Control severe bleeding.
- Call 911. *In a serious emergency in which medical care is needed at once, call the rescue squad immediately.*
- Do CPR as necessary.
- Treat all body fluids as potentially infectious.

List staff members trained in First Aid/CPR.

Health Precautions

- Assume that all body fluids of all persons could be contaminated with infectious agents. If possible, avoid direct contact with body fluids. Disposable gloves are required in a First Aid kit. Consider keeping gloves with you while supervising children.
- If no gloves are available, wash hands vigorously if you come into contact with body fluids.
- Use disposable gloves, plastic bags, and disinfectant to clean up emergency sites.
- If used materials (such as bandages or disposable diapers) contain body fluids, dispose of them in a securely tied plastic bag.