

## WHAT'S YOUR SAFETY ATTITUDE?

Many people tend to ignore or don't follow safety recommendations until an accident happens. Accidents can happen anywhere at any time; however, practicing safety awareness and using safety sense can eliminate the majority of injuries. The following five steps can help you develop a good safety attitude:

- FOCUS** Concentrate on your present task. If you are tired, bored, or distracted, you are more likely to have an accident.
- TIME** Take time to do the job safely and correctly. Take time to put on personal protective equipment and assess the hazards involved with your task.
- STRENGTH** Strength is not always physical, sometimes it is mental or emotional. Be strong enough to resist short cuts or risk performing tasks you are not familiar with or have not been trained to do.
- RESPONSIBILITY** Think of yourself as a team member and take responsibility even if a certain task isn't your job. (Clean up the broken glass or spill even if it's not your responsibility.)
- RISK** Be smart and alert yourself to hazards. Avoid risks whenever you can. Weigh the risks every time you perform a job and don't take chances.